

A.2.5. Patient Card

Patient Card

Patient Card for Valproate <invented name>: Contraception and Pregnancy

What you must know *

- **Valproate is an effective medicine for epilepsy and bipolar disorder <and migraine>.**
- **Valproate can seriously harm an unborn child when taken during pregnancy.**
- **Always use effective contraception without interruption during the entire duration of treatment with valproate.**
- **Remember to visit your specialist at least each year.**

**This applies to all girls and women using valproate and who could become pregnant.
Keep this card safe so you always know what to do.*

Patient Card for Valproate <invented name>: Contraception and Pregnancy

What you must do *

- **Read the package leaflet carefully before use.**
- **Never stop taking valproate unless your doctor tells you to as your condition may become worse.**
- **If you are thinking about having a baby, do not stop using valproate and contraception before you talked to your doctor.**
- **If you think you are pregnant: Schedule an urgent appointment with your doctor.**
- **Ask your doctor to give you the patient guide.** *{Subject to national implementation:}[<More information about valproate use can be found at <webpage>.]*

** This applies to all girls and women using valproate and who could become pregnant
Keep this card safe so you always know what to do.*